

# Learn To Speak Tagalog Today!

**Viloria.com Pinoy Podcast**, <http://www.viloria.com/podcast>

Hosted by: Manuel Viloria, Pinoy Internet Coach, <http://www.PinoyBizNow.com>

## Episode 46 - All In The Head

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<http://www.viloria.com/wp/archives/115/episode-46-all-in-the-head/>

You are listening to the Viloria.com Pinoy Podcast, your online source of Tagalog lessons and stories from the Philippines. Hi! I'm Manuel Viloria, and welcome to Episode 46. Today is Wednesday, the 31st of March 2010, and this episode is entitled "All In The Head", and covers Tagalog words and phrases related to your head.

There are many colorful Tagalog phrases related to one's head.

head – ulo

my head – ang ulo ko

your head - ang ulo mo

his/her head - ang ulo niya

My head hurts. – Masakit ang ulo ko.

painful – masakit

I'm angry. – Mainit ang ulo ko.

(Literally, my head is hot.)

hot – mainit

I've now calmed down. – Malamig na ang ulo ko.

(Literally, my head has become cold.)

cold – malamig

cold now – malamig na

(Or, in Tagalized English, "cold already")

to make cold – palamigin

Wait for me to calm down. – Palamigin mo muna ang ulo ko.

in the meantime – muna

(Allow my head to cool down first.)

Shortened version: Palamigin mo muna ako / siya.



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to fool someone – bilugin ang ulo  
(Literally, to make someone's head round)

is making someone's head round, or  
is fooling someone – binibilog ang ulo niya

his / her – niya  
his head / her head – ang ulo niya

You are being fooled. – Binibilog ang ulo mo.  
your head – ang ulo mo

He/She is fooling you. – Binibilog niya ang ulo mo.

Do not fool me. – Huwag mong bilugin ang ulo ko.  
Or: "Don't you fool me."  
don't – huwag  
(you) – mong

You are fooling me. – Binibilog mo ang ulo ko.  
(are making round – binibilog)

You're only fooling me. – Binibilog mo lang ang ulo ko.  
only – lang

Variation: Binibilog mo lang ang ulo ko, eh.

## Philippine Stories / Trivia

I don't know why most of the Tagalog phrases involving the head can come across as negative. We talk about anger, craziness, or deceiving people. There are some positive phrases, though, which we will tackle in other Vilorium.com Speak Tagalog podcast episodes.

And that's it for this "all in the head" episode of the Vilorium.com Pinoy Podcast. For the show notes, please visit <http://www.viloria.com/podcast>

Join us again next time for more Tagalog lessons and stories from the Philippines.

Thanks for listening!



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